



## Thelma Mae Cain

December 1, 1931 - May 22, 2003

On May 22, 2003, in Baltimore, Maryland, an Angel who was dispatched from Heaven at 12:57 a.m. to the St. Joseph's Medical Center, shut the worldly eyes of Thelma Mae Cain. She awakened in a fairer land and a brighter world beyond the skies. Thelma entered this world as the youngest child of the late Evelyn and Noah White, on December 1, 1931. She was educated in the public schools of Somerset County, Maryland prior to moving to Baltimore, where she graduated from Catonsville Community College and attended University of Maryland at Baltimore County. She was employed for over thirty years at the Social Security Administration in Baltimore where she held various positions, including Supervisory Workflow Technician and Unit Chief. During her employment with SSA, Thelma was recognized for her exemplary efforts with numerous awards and citations. At the time of her retirement in 2002 she was working as a Management Analyst. Thelma served in the U.S. Naval Reserves from 1982 until she retired in 1999. She satisfied her thirst for traveling by taking on numerous assignments in Europe, including Spain and London. She also worked as a Social Research Interviewer for Temple University, National Analyst, Research Triangle Institute and various other research establishments. Her volunteer work included counselor for the Tri-Home Hospice, Hostess for the Baltimore International Visitor's Association, Probation Officer for the Baltimore City Parole and Probation Department, the Karis Homeless Shelter, the American Red Cross, Center Stage, Meals on Wheels, and more. Thelma was a spiritual

woman and true child of God. She accepted Christ as her personal savior and was baptized at the morning Star Baptist Church on Fayette Street when she first came to Baltimore. She later joined the Friendship Baptist Church in Turners Station, MD under the pastorate of the late Rev. Dockery Thompson. The family then moved to Woodlawn and joined Concord Baptist Church. For a number of years she sang with the Gospel Choir, and was an active member of the Food Pantry Committee, the Sick and Shut-In Committee and chaired the Bereavement Ministry. Thelma knew the importance of staying constructively active and always encouraged her daughters and others to make good use of their time while they had their health and strength. She was a very jovial and caring person and was always willing to reach out to others. Her happiness was enhanced by world travel, gardening, spending time with her grandchildren, attending the theatre, exercising, and learning how to master her new computer. Although Thelma led a very active life as a single Christian woman, God saw fit to further enrich her life by uniting her in holy matrimony with Shedrick Cain in 1998. Shedrick was unwavering in his love and commitment to Thelma until her final hour. She leaves to cherish her memory, a devoted husband, Shedrick Cain, three beautiful, loving and loyal daughters: Barbara Anne Poole of Hightstown, NJ. Brenda Williams Stewart of Baltimore, MD and Deborah Combs of Bolton, CT, six step-children: Schanden Bowers of Richmond, VA, Gwynn Cox of Whitestone, VA, Shedrick Cain, Jr. of Baltimore, MD., Sharon Amor of Alexandria, VA and Cheryl Smith of Beltsville, MD.; six grandchildren, Johnny Lennon, Jr., Chanel Lennon, Nisa Lennon, Summer Stewart, Jade Combs and Indigo Combs; son-in-law, Tyrone Stewart, nieces and nephews, Stanley White, Bobby Davis, Albert Ames, Alverta Ames, Evelyn Ames, Mary Ames, and Gene Ames, several great nieces and nephews, and a grand host of friends.

# Tribute Wall



“ *Thelma Mae Cain*

March 25, 2023 at 10:25 AM



“ *Thelma Mae Cain*

October 13, 2022 at 08:33 AM



“ *May the God of Peace sustain you Deacon Cain and family. The words to the song that was sung during her retirement was appropriate then as well as now "So long its been good to know and I hope I will see you again. Rest In Peace Ms. Thelma.##imported-begin##Cheri Ames##imported-end##*

July 02, 2010 at 02:21 PM



“ *I've known Thelma for nearly twelve and have worked with her all of my Government life. I have yet to meet a more gentle, more noble, more graceful and kind person. She is an inspiration to all of us on how to love and serve her country and how to love and adore her family, Shed, her daughters and her precious granddaughters. I and my co-workers will never forget this wonderful lady for she is still here with us, inspiring us on...it is just that we cannot see her. -with love to a grand lady, FRED##imported-begin##Fred Scheer##imported-end##*

July 02, 2010 at 02:21 PM



“ I worked with Thelma and I know what a joy she could be, she will be missed.##imported-begin##Pat Rafferty##imported-end##

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July 02, 2010 at 02:21 PM



“ I wanted to express my sympathy to the family and let you know that Thelma will be greatly missed. I cherished her friendship and will not forget her.##imported-begin##Colleen Wise##imported-end##

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July 02, 2010 at 02:21 PM