



Sherland Alfonza Whitehead Sr.

June 9, 1958 - March 10, 2018

Sherland Alfonza Whitehead Sr. was called home to be with his Lord and Savior on March 10, 2018.

Sherland was born on June 9, 1958, in Richmond, Virginia to Langston and Irene Whitehead. He accepted Jesus Christ as his personal Savior and was a faithful member of Faith Landmark Ministries, in Richmond, Virginia.

Sherland graduated from Varina High School in Henrico, Virginia, where he met the love of his life, Yvette Whitehead (Howey). He and his high school sweetheart were united in holy matrimony on August 5, 1978. Sherland and Yvette were blessed with two handsome sons, Sherland Jr. (SJ) and Kevin Whitehead.

He joined the United States Army in 1978, where he served for seven years. During his military tenure, he was stationed at Fort Carson, Colorado where he furthered his education at Big Ben's College. He was also stationed at Schweinfurt, Germany and Fort Riley, Kansas. Upon his return home to Richmond, he served in the Army National Guard for three years.

He retired from Pfizer Inc. (formerly A. H. Robins), where he was employed for thirty-three years.

Sherland was a creative landscaper, which entitled him to receive several awards for outstanding yard of the month from his Home Owners Association. He and Yvette took pride in completing home improvement projects together, and he was overjoyed to share this passion with his family and grandsons. Sherland's two grandsons were the apples of his eye and he thoroughly enjoyed watching his oldest grandson, Caleb, playing baseball. The joyous news of expecting his first granddaughter this summer put an endless smile on his face.

Sherland and Yvette loved their time together. They frequently enjoyed going out to eat and experiencing new cultures and locations through travel, within the U.S. and internationally.

Sherland was also an amazing jokester that had the ability to brighten anyone's day with laughter.

Sherland was preceded in death by his mother, Irene M. Whitehead and his sister, Dynevia "Cookie" Quarles. Cherishing his precious memory is his loving and devoted wife, Yvette Howey Whitehead; dedicated sons, Sherland A. Whitehead, Jr. (Yashica) and Kevin D. Whitehead (Chanel); grandsons, Caleb and Jacob; father, Langston Whitehead, Sr.; brother, Langston Whitehead, Jr. (Cynthia); sister, Paulette Gipson; mother-in-law, Grace T. Howey; aunts, Phyllis Charity, Vivian Walker (Henry), Carolyn Whitehead, Connie Crawley (Saunders); goddaughter, Janelle Johnson Branch; a host of nieces, nephews, cousins, in-laws, friends, and life long battle buddies, Archie DeVaux and Wayne Johnson.

Cemetery Details

Washington Memorial Park

6217 Memorial Dr.
Sandston, VA 23150

Previous Events

viewing

MAR 15. 9:00 AM - 8:00 PM (ET)

March Funeral Home-Laburnum Ave.
2110 E. Laburnum Ave.
Richmond, VA 23222

Wake

MAR 15. 6:00 PM - 7:00 PM (ET)

March Funeral Home-Laburnum Ave.
2110 E. Laburnum Ave.
Richmond, VA 23222

Service

MAR 16. 12:00 PM (ET)

Faith Landmark Ministries
8491 Chamberlayne Road
Richmond, VA 23227

Tribute Wall



“ I went to Varina high-school with Shetland he was quiet, o know him from track and field that guy could run faster than anyone I've ever met. So happy he. Was a Christian. Rest in peace brother

Timothy Folland - January 24, 2025 at 11:06 AM



“ Sherland Alfonza Whitehead Sr.

October 13, 2022 at 08:33 AM



No one knows me but I went to school with Shetland i was on the track team and Shetland was so fast I was amazed. Im so thankful he gave his life to the Lord and sorry to hear of his passing. Im proud of him for his accomplishments i just read about him. God bless his family, Tim Folland

Timothy FOLLAND - July 11, 2023 at 08:30 PM



“ I work with his son Sherland Jr at B.O.F.A and my heart goes out to him and his family during this difficult time!Based on comments of others who knew his great father I now see where Sherland gets his kindness and caring heart from. Again the whole family is in my prayers

Sasha Foster - March 14, 2018 at 11:24 PM

JC

“ When I purchased my home in Varina, I prayed for good neighbors and God sent the Whiteheads, or brought me to them! I could not ask for better neighbors and family. I will always treasure the moments and conversations Sherland and I had standing at the mailbox in the street or yelling from yard to yard. God bless you always Yvette, SJ, and Kevin and your families, know that your husband and father was a blessing to many.

Jeff Conley - March 13, 2018 at 02:18 PM

CC

“ SO SORRY TO HEAR ABOUT YOUR LOST HE WAS A GOOD PERSON GOOD NEIGHBOR HE ALWAYS HAD A SMILE FOR YOU HE WILL BE MISS GOD BLESS THE FAMILY CLARENCE AND ALLEAN COTMAN

CLARENCE COTMAN - March 13, 2018 at 01:27 PM

RD

So sorry to hear the sad news, I just found out yesterday. I was in Ky my dad is in the hospital there. I wish I could of came to the funeral, Sherland was a great guy. I will always remember playing basketball with him and what a good player he was. The world lost a great guy.

Rodney Damron - March 24, 2018 at 01:01 PM

JC

“ I was deeply saddened when I heard of Sherland's Death. It's been a difficult time in our families for the last couple of years. Its time for us to become closer to show love for one another. Hold on to each other for support and uplifting. Yvette and family my love & peace. I'm here for you'll. Love Joie



Joie Charity - March 13, 2018 at 10:29 AM

TF

“ *The Crocker, Shaw and Coleman Families purchased the Serene Reflections Bouquet for the family of Sherland Alfonza Whitehead Sr..*



The Crocker, Shaw and Coleman Families - March 12, 2018 at 08:02 PM



“ *We the March Family and Staff wish to extend our deepest and heartfelt sympathy in the passing of your loved one. Our prayers go out to you and your family in your time of loss. We know and understand that you have received many expressions of love and we will continue to lift you up in prayer. May the memories you cherish of brighter and happier days help to ease your sorrow and comfort you always.*

March Funeral Homes - March 12, 2018 at 03:09 PM

FD

Condolences and heartfelt sympathy for the passing of your love one. Keeping You Yvette and Family in Prayer. Your neighbor and former co-worker Fontell and James Douglas.

Fontell Douglas - March 13, 2018 at 04:52 PM

CW

To the family ,I am very sorry for your loss. .Sherland was one of the finest young men I ever had the privilege of Coaching. Simply put he was a fine person. After thought for his sons, ,which I had told them this before., He was an excellent athlete and the first young man I had play for me that could stand flat footed and dunk the basketball over his head.. Prayers coming your way.

CLYDE WILSON - March 13, 2018 at 10:38 PM