



## Sheila Romaine Longus

March 21, 1953 - June 13, 2024

SHEILA ROMAINE LONGUS, daughter of William Manns Sr. and Virginia Manns, was born March 21, 1953 in Baltimore, MD.

She received her education in the Baltimore City Public School System and graduated from Forest Park Senior High School in 1971. She married the love of her life, Aaron Longus Sr. (who preceded her in death) in 1972 and out of this union they had 3 sons.

Sheila retired from the MVA with over 30 years plus and happily retired, enjoying her days filled with shopping dancing, partying, and she loved spending time with her family. She was always a true friend, loving grandchildren, daughter, sister, and a great MOTHER!!! She made numerous friends wherever she went and will be sincerely missed by everyone who knew her.

We all have different journeys, different roads to travel. Life is but a stopping place, a pause in what is meant to be. We all were meant to learn something fulfill but never meant to stay.

She leaves to cherish her memory: her three sons Aaron Jr. Andrea and Antoino Sr. three daughters-in-law Lisa, Victoria, Tahira four brothers Leon, Darnell, (two preceded her in death, William T. Manns Jr and Bruce Manns)

two sisters in laws Cheryl and Marva ( Darlene preceded her in death) seven grandchildren, Tara, Shadequa, Aaron III, Antonio Jr. Gino, Nikita and Tyrone six great-grandchildren host of nieces, nephew other relatives and close friends.

# Cemetery Details

**Private**

## Previous Events

### Wake

JUL 12. 11:00 AM - 11:30 AM (ET)

March Funeral Home - West  
4300 Wabash Avenue  
Baltimore, MD 21215

### Memorial Service

JUL 12. 11:30 AM (ET)

March Funeral Home - West  
4300 Wabash Avenue  
Baltimore, MD 21215

# Tribute Wall



“ *March Funeral Homes created a Webcast in memory of Sheila Romaine Longus*



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**March Funeral Homes** - July 09, 2024 at 10:42 AM

BA

“ *Barbara Austin lit a candle in memory of Sheila Romaine Longus*



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**Barbara Austin** - September 03, 2024 at 10:18 PM

MJ

“ *Oh how we use to laugh so hard at work. You had the best sense of humor. It's been a while since I've seen you and I thought of you often; I'd hoped I'd see you standing on your porch or getting in your car when I drove by. The news of you passing hurt my heart. May your soul be at rest and your family be at peace... Love Mia*

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**Mia Johnson** - July 18, 2024 at 04:40 PM

BA

*Barbara Austin 09/3/24. Conolences to the family today I heard Sheila passed 2 months ago message from a co-worker we worked at Old City Hospital Shelia resigned employed at MVA, her son Antonio the same age of my son who passed in 2021, is the last time I spked with Sheila my coworker and friend. I'm saddened my heart is heavy the pain will always be there when your love one's leave us trust in GOD keep the faith and memories will always be with us. Family Sheila was loved a wonderful person she will be missed,RIP my friend. Love Barbara Austin!*

**Barbara Austin** - September 03, 2024 at 10:07 PM

LH

“ *Lynn Hays lit a candle in memory of Sheila Romaine Longus*



**Lynn Hays** - July 12, 2024 at 11:03 AM

MM

“ *I remember Sheila's unique sense of humor. And Her ability to dress according to her style. Surely to be missed. Never to be forgotten. Her friend Michael.*



**Mr. Michael** - July 11, 2024 at 09:47 AM

KE

“ *My family gives our condolences to everyone love yall from Lisa sister Kellie and family.*



**kellie** - July 10, 2024 at 06:54 PM

WC

“ *My condolences to the Family!*



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**wanda v cox** - July 05, 2024 at 02:34 PM

WC

“ *Family, We've shared so much through the years and I'm here now to share the weight of your loss of my Dear Cuz Sheila. What ever you need I'm standing by. My first Cuz Sheila. We have had some good times being raised as close Family. Your laughter I can still hear,. I am so glad you had the opportunity to spend with me at my Birthday Party last year. Enjoying a great day at the festival later last year. Happy to have had a good phone conversation several weeks prior to your passing. You will always be in my Heart and Truly missed. RIP  
Love Always Cuz Wanda*

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**wanda v cox** - June 29, 2024 at 02:22 PM

TB

“ You was everyone AUNT SHELIA @the salon you will TRULY be MISSED !!! We all LOVED YOU and we all CALLED you aunt SHELIA 🌸



Tameka Brown - June 25, 2024 at 10:47 PM



“ We the March Family and Staff wish to extend our deepest and heartfelt sympathy in the passing of your loved one. Our prayers go out to you and your family in your time of loss. We know and understand that you have received many expressions of love and we will continue to lift you up in prayer. May the memories you cherish of brighter and happier days help to ease your sorrow and comfort you always.

March Funeral Homes - June 15, 2024 at 02:26 PM

MM

To Sheila's loving family in this hour of loss. Know that prayer and the strength of faith and family will carry you through. God blessed you with such a loving spirit,your mother.

Mr. Michael - July 11, 2024 at 09:57 AM