



Sheila E. J. Amos

May 19, 1951 - December 16, 2025

Sheila Elaine (James) Amos beloved daughter of George and Elizabeth Jams was born on May 19, 1951, in Baltimore, Maryland. She transitioned from life to meet her Heavenly father, family, and friends on December 16, 2025.

She received her formal education from the Baltimore County school System ultimately graduating from Sparrows Point High School in 1969. She furthered her education at Morgan State university in Baltimore, Maryland and was proud member of the Nun Phil Sorority. After her education, she secured work at several facilities, including Continental Can Corporation, Echo House Foundation as a social worker and Johns Hopkins Hospital. Sheila was an avid learner and during her career, she continued to enhance her level of education. To this endeavor, she received an array rewards, commendations, and certificates.

Sheila was an outstanding dedicated, caring individual with a beautiful soul and heart of gold. She was the epitome of a leader allowing most of her siblings to share housing with her prior to securing accommodations of their own. She tenderly guided them through life to the point that it was difficult to leave her humble abode. She loves her family unconditionally and showered them with knowledge, and kindness and provided them with techniques to successfully succeed in life. Family and friends simply adored her. Se had the biggest heart and was extremely giving. She never shied away from sharing

all that she had, inclusive of her time, talents, money, knowledge and experiences-anytime which would contribute to one's ultimate success in life.

Sheila brought into the world two spectacular children, Harold Phillip Amos, Jr. (deceased and affectionately known as Phil) and Shanequa Elana Addison, whom she loved and adored and who her immensely in return. She found utmost joy in being the grandmother to her two spectacular grandchildren, Jaharrie Robinson and Makayla Amos. She leaves to celebrate her life and mourn her departure her cherished daughter, Shanequa; brothers, George Earl James III (Johnnie Mae), and Joseph James; sisters, Jeweleane Oyesanya (Muyiwa) and Caroline James and a host of nephews, nieces, relatives and friends. Sheila will be loved and missed by all who were fortunate enough to share time and space with her.

Cemetery Details

Private

Baltimore, MD

Previous Events

Memorial Service

DEC **30**. 3:00 PM (ET)

March Funeral Home - East
1101 E. North Avenue
Baltimore, MD 21202

Tribute Wall



“ *March Funeral Homes created a Webcast For Funeral on Sheila E. James - Amos in memory of Sheila E. J. Amos*



March Funeral Homes - December 29, 2025 at 09:38 AM

TI

Prayers and condolences to my cousins 🕯️

Tionna - December 30, 2025 at 12:50 PM

ME

“ *We the March Family and Staff wish to extend our deepest and heartfelt sympathy in the passing of your loved one. Our prayers go out to you and your family in your time of loss. We know and understand that you have received many expressions of love, and we will continue to lift you up in prayer. May the memories you cherish of brighter and happier days help to ease your sorrow and comfort you always.*

March F/H East - January 07 at 03:17 PM



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March Funeral Homes - December 22, 2025 at 03:08 PM