



Shedrick Edward Cain Sr

April 4, 1930 - October 18, 2021

HEDRICK EDWARD CAIN, SR., beloved husband of Helen Mayers Cain, departed this life on October 18, 2021. He was born April 4, 1930, in Lancaster County, Virginia to the late Shedrick E. Cain and Delilah Rich Cain.

Deacon Cain, the eldest of four siblings, attended A.T. Wright High School and joined Sharon Baptist Church in Weems, VA at an early age. He will be fondly remembered as a dedicated servant of the Lord throughout his entire life; always setting an example to his children what it means to commit yourself to Christ.

He began his career in Weems, VA with a truck hauling business and also enjoyed hunting and farming.

Following the footsteps of his best friend, Captain Mathews Gaskins Sr., (Sonnyboy), Deacon Cain was also captain of a Menhaden fishing vessel out of Reedville, VA where they cast their fishing nets off the shores of the Atlantic Ocean down to the Gulf of Mexico in Louisiana. Being away from their families for four months at a time, the crew would sing a medley of chanteys as they hauled in their catch. They caught the eye of Alan Lomax, music producer. (See pic below: Bright Light Quartet & GA Island Singers on film set in

Williamsburg)

Later, he and a group of friends from

Lancaster County formed a singing group called The Bright Light Quartet, their music was gospel and folk songs recorded by Alan Lomax. "Sweet Roseyenne" was a chart hitting single off their first album in the early 60s that was later picked up and sung by the world-renowned folk singers Pete Seger and Arloe Guthrie. Another favorite gospel song by the group was "Christian Automobile" -- Prayer is your guide—Faith is your steering wheel." (See pic left) from left to right at the top: Lawrence Hodge, Shedrick Cain, Arnold Fisher, James Campbell; bottom row: Robert Beane and Joe Laws.)

Early 1960, Alan Lomax was commissioned by the City of Williamsburg, VA to produce an educational film called "The Music of Williamsburg. The Bright Light Quartet was one of two groups who sang for the film's sound track. Mr. Lomax's movie Collections and interviews of his Journey thru the South can be found in the Library of Congress Archives.

Deacon Cain and his brother Willard Cain, cousin Elias Taylor and others formed a gospel group out of Baltimore known as The Metropolitanaires (see pic below) where they published and produced an album "Solid Rock" and CD still being widely played around the world. The song "Stand Still Jordan" became the most widely requested song for him to perform.

When he moved to Baltimore, he joined Mt. Zion Hill Baptist Church where he sang on The Men's Chorus and served as Chairman of the Board of Deacons. He was also self-employed with a taxi

service for more than thirty years and after relinquishing the taxi service, he used his personal vehicle and continued to transport his most dedicated clients up until his recent illness. He is preceded in death by his sisters Delilah Carter, Carrie Beale, and a daughter Schanden Cain Bowers. He is survived by his wife, Helen Cain; brother, Willard Cain Sr. (Bubba); four children from his previous marriage, Gwendolyn Cox (Jimmy), Deacon Shedrick Cain Jr., (Marla), Sharon Cain Amar, Sharold Smith (Ronald); stepdaughter, Marcie Mayers; and a host of grandchildren, great-grandchildren, great-great-grandchildren, nieces and nephews.

Cemetery Details

Arbutus

1101 Sulphur Spring Rd.
Baltimore, MD 21227

Previous Events

Wake

OCT **29**. 9:30 AM - 10:30 AM (ET)

Mt Zion Hill Baptist Church
4800 Harford Rd
Baltimore, MD 21214
(410) 426-4011

Funeral Service

OCT **29**. 10:30 AM (ET)

Mt Zion Hill Baptist Church
4800 Harford Rd
Baltimore, MD 21214
(410) 426-4011

Tribute Wall



“ *Shedrick Edward Cain Sr*

October 13, 2022 at 08:33 AM



“ *Praying that God comfort and assurance will give you peace in your time of loss.*



Judith McLean-Perkins - October 28, 2021 at 09:00 AM



“ *Vera Wood lit a candle in memory of Shedrick Edward Cain Sr*

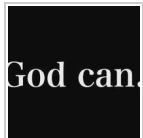


Vera Wood - October 26, 2021 at 07:49 PM



Earth has no sorrow that heaven can not heal.

Vera Wood - October 26, 2021 at 07:50 PM



“ *Reginald Burley lit a candle in memory of Shedrick Edward Cain Sr*



Reginald Burley - October 26, 2021 at 06:15 PM

SG

“ To the family we extend our sincere condolences. My father (Sonny Gaskins, Cousin Jr. and Cousin Bubba) were like brothers. There are so many beautiful memories. He loved home and I kept him informed and sent obituaries. Take your rest, you will forever be remembered. Sorrowfully and Lovingly Beatrice Gaskins and Sandra Gaskins Smyre Weems, VA

Sandra and Bea Gaskins - October 21, 2021 at 08:32 PM

SS

“ Sandra Gaskins Smyre lit a candle in memory of Shedrick Edward Cain Sr



Sandra Gaskins Smyre - October 21, 2021 at 08:19 PM

MM

“ To the Cain family, The Lord himself goes before you and will be with you, He will never leave you nor forsake you, Do not be afraid, Do not be discouraged. Please accept our heartfelt sympathy and condolences, We love you and will always be here for you.

Love Always,
The Miller Family
(Carl, Mellarie and Nae)

Mellarie Miller - October 21, 2021 at 03:13 PM



“ *We the March Family and Staff wish to extend our deepest and heartfelt sympathy in the passing of your loved one. Our prayers go out to you and your family in your time of loss. We know and understand that you have received many expressions of love and we will continue to lift you up in prayer. May the memories you cherish of brighter and happier days help to ease your sorrow and comfort you always.*

March Funeral Homes - October 21, 2021 at 02:00 PM